

Midland Short Course Championships 2014 Deepings Results

At Rugby 6th & 7th December 2014

<http://www.midlandchampionships.org.uk/results/sc14/index.php>

Event	Name	Age	Time	Placed	Notes
Women's Open 400m Freestyle	Kelda McKnight	Open	4:46.65	58 th	
Men's Open 200m Freestyle	Alex Wray	Open	1:56.91	23 rd	
Men's Open 100m Breaststroke	Jordan Bull	15/U	1:12.14 PB CQT	7 th	
Women's Open 200m IM	Isabel Spinley	15/U	2:35.17	50 th	
	Kelda McKnight	Open	2:38.90	90 th	
Men's Open 100m Butterfly	Alex Wray	15/U	1:01.03	29 th	
	Jordan Bull	15/U	1:04.30	20 th	
Women's Open 100m Backstroke	Zoe Fisher	Open	1:08.51 PB CQT	32 nd	
Men's Open 100m Freestyle	Alex Wray	Open	53.78	20 th	
Women's Open 100m IM	Zoe Fisher	15/U	1:10.43 PB CQT	10 th	
Men's Open 50m Butterfly	Alex Wray	Open	27.50	26 th	
	Jordan Bull	15/U	28.72	10 th	
Men's Open 50m Breaststroke	Jordan Bull	15/U	32.82 PB CQT	4 th	
Men's Open 200m IM	Jordan Bull	15/U	2:22.49 CQT	26 th	
Womens Open 100m Butterfly	Bailie Harrison	15/U	1:11.44	24 th	
Men's Open 50m Freestyle	Alex Wray	Open	24.47	5 th	
Men's Open 50m Freestyle Final	Alex Wray	Open	24.26	4th	
Men's Open 100m IM	Alex Wray	Open	1:02.88 PB CQT	14 th	New Club Record
	Jordan Bull	15/U	1:04.92 PB CQT	11 th	

Women's Open 200m IM - Heats & Final (Declared Winners)

Place	Name	AaD	Club	Time	FINA Pt	50	100	150
2.	Lauren Wray	19	Loughboro Un	2:19.20	717	30.89	1:04.70	1:46.77
5 th	Lauren Wray	19	Loughboro Un	Final 2:20.05	704	31.59	1:05.69	1:48.24

Women's Open 400m IM - Heats (Declared Winners)

Open Age Group - Full Results

Place	Name	AaD	Club	Cat	Time			FINA Pt
7.	Lauren Wray	19	Loughboro Un		4:51.99			714
		50m 31.41	100m 1:06.97	150m 1:43.39	200m 2:19.26	250m 3:02.01	300m 3:45.16	350m 4:19.21

New Club Records for Alex Wray 100m IM & Made the Final of The 50m Freestyle **Deeping Swimmers Achieved 6 PBs, 7 CQTs & A New Club Record!**

The Midlands short course Regional Championships took place in Rugby this year and I am pleased to report that we had a total of 7 swimmers competing, though Lauren Wray was swimming for Loughborough University this year. The team this year was Kelda McKnight, Zoe Fisher, Bailie Harrison, Isabel Spinley, Alex Wray & Jordan Bull.

All our swimmers swam as best they could over the weekend, despite the fact many of them were suffering from illnesses as well as injuries.

- Alex Wray has had a superb year as a senior swimmer and he has come on so much. This year at the midland short course championships he was swimming as an open swimmer for the first time. This year left his best until last as he made the final of 50m Freestyle but sadly he just missed a medal though he did achieve a new personal best time and a new club record in his 100m IM race.
- Jordan Bull swam superbly setting three PBs in the 50m & 100m Breaststroke as well as the 100m IM
- Unfortunately both Kelda and Isabel were injured and ill on the Sunday so had to withdraw from the 400IM but both girls posted very respectable times in their other swims over the weekend.
- Zoe Fisher had a good meet she set two personal best times and two County times.
- Bailie Harrison swam the 100m Butterfly for the first time at these championships and she too posted a respectable time too.

Well Done Swimmers!

Christmas cheer - two silly jokes!



Q: What did Mrs. Claus say to Santa when she looked in the sky?

A: "Looks like rain, dear."



Q: What do you get when you cross a snowman with a vampire?

A: Frostbite